



REPUBLIC OF NAURU

HEALTH PRACTITIONERS (OVERSEAS MEDICAL REFERRALS COMPLIANCE) REGULATIONS 2019

SL No. 4 of 2019

Notified: 15th February 2019

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Cabinet makes the following Regulations under section 16 of the *Health Practitioners Act 1999*:

1 Citation

These Regulations may be cited as the *Health Practitioners (Overseas Medical Referrals Compliance) Regulations 2019*.

2 Commencement

These Regulations come into effect on the day they are notified in the Gazette.

3 Interpretation

In these Regulations:

'assessment' includes a general or specific clinical medical examination resulting in a provisional, differential or definitive diagnoses;

'Committee' means the Overseas Medical Referrals Compliance Committee consisting of registered health practitioners and other members approved by the Minister;

'health practitioner' has the same meaning given to it under the Act;

'health service provider' includes a private health or medical practice or business established in the Republic for the purposes of providing health and medical services;

'hospital' means the Republic of Nauru hospital including the public health centres and clinics;

'patient' means a resident of the Republic requiring health and medical assessment or treatment;

'referral' is the process by which the hospital, health practitioner or health service provider acting reasonably and prudently is of the opinion that additional expertise or differently resourced facility may be required to assess or treat a clinical condition of a patient by providing:

- (a) a specialised opinion based on clinical and other diagnostic records or provision of a laboratory specimen;
- (b) a specialised health or medical service;
- (c) admission, management and treatment to seek an expert opinion regarding the patient; or
- (d) other diagnostic or therapeutic treatment;

'resident of Nauru' includes a citizen and any other person residing in Nauru in accordance with the laws of the Republic, but excludes temporary entrants under the Immigration Regulations 2014 for a period not exceeding 30 days;

'telemedicine' means the practice of health and medicine using any form of telecommunications, electronic audio and video communications or any other means of communication between a health practitioner outside the jurisdiction of the Republic and a patient, who is a resident of Nauru;

'treatment' means the management and care of a patient to treat an injury, disease or disorder.

4 Internal Medical Referrals

- (1) A private health practitioner may make a referral of a patient to the hospital for medical assessment or treatment.
- (2) A private health service provider may make a referral of a patient to the hospital.
- (3) A public health centre or clinic may make referral of a patient to the Republic of Nauru hospital.
- (4) A private health practitioner or health service provider shall not make any direct referral of a patient for assessment or treatment overseas without prior referral to the hospital and approval of the Committee.
- (5) A referral under this regulation shall only be made to and received by the hospital and under the hands of a health practitioner duly registered and has a current practising certificate under the Health Practitioners Act 1999.

5 Overseas Medical Referrals

- (1) The hospital may make recommendation to the Committee for an overseas referral of:
 - (a) a patient of the hospital; or
 - (b) a patient referred to the hospital under regulation 4, after consultation with the health practitioner or health service provider referred to under regulation (4)(1) or (2) respectively.
- (2) A health practitioner or health service provider may request the hospital to recommend the patient referred to the hospital under regulation (4)(1) or (2) respectively to the Committee for an overseas medical referral.

- (3) Where the hospital declines to make a recommendation under sub regulation (2), the hospital shall give reasons for its decision to the health practitioner or health service provider.
- (4) Where the hospital declines to make a recommendation to the Committee under sub regulation (3), the health practitioner or health service provider may apply directly to the Committee giving reasons for an overseas medical referral.

6 Conditions for overseas medical referral

- (1) In considering an application for overseas medical referral, the Committee shall be satisfied that:
 - (a) the private health practitioner or health service provider and the hospital have adequately professionally assessed and treated the patient; and
 - (b) the hospital, health practitioner or health service provider acting reasonably and prudently are of the opinion that additional expertise or differently resourced facility are required for the assessment or treatment of the medical condition of the patient in the Republic; or
 - (c) where the hospital has sought an opinion of an overseas medical specialist in the ordinary course of assessing or treating the condition of the patient and the opinion requires an overseas medical referral.
- (2) The Committee in making an overseas medical referral may prescribe the type and purpose of referral.
- (3) The Committee's determination and deliberation for the overseas medical referral of a patient shall be based on the medical and clinical records or opinion of a specialist health practitioner provided under sub regulation (1)(c).
- (4) The Committee shall not make an overseas medical referral:
 - (a) in the case of a patient, who voluntarily or when ordered by the Supreme Court, refuses to undergo an assessment or treatment by a health practitioner, health service provider or hospital;
 - (b) in the case of a patient, who presents a report or referral by an overseas medical practitioner or health practitioner not registered under the Act; or
 - (c) in the case of any referral, prepared by a health practitioner or health service provider on the recommendation of an overseas health practitioner by telemedicine examination or diagnosis.

- (5) Where a private health practitioner or health service provider requires the Committee to consider a medical opinion prepared by a registered medical practitioner from outside the jurisdiction of the Republic, the Committee may consider the report.

7 Particulars required for referral to hospital

- (1) A referral request by a health practitioner, health service provider or a public health centre or clinic to the hospital shall be in Form 1 of the Schedule and provide the following:
- (a) a completed standard referral form shall accompany any patient being referred;
 - (b) the standard referral form shall be filled and a copy kept in the referring health practitioner, health service provider or a public health centre or clinic;
 - (c) the standard referral form shall contain:
 - (i) name;
 - (ii) date of birth;
 - (iii) gender;
 - (iv) address;
 - (v) clinical history and examination findings;
 - (vi) results of relevant investigations;
 - (vii) diagnosis and treatment given;
 - (viii) the name, address, email and telephone number of the referring health practitioner or health service provider; and
 - (ix) the date and time of referral shall be indicated at all times.
- (2) The referring health practitioner or health service provider shall make the referral form under his or her name and signature.
- (3) The referral form shall indicate the urgency of the referral and the reason for the referral.

8 Particulars required for overseas medical referral

- (1) A referral request by the hospital under sub regulation 5(2) or a health practitioner or health service provider under sub regulation 5(4) shall be in Form 2 of the Schedule.
- (2) The particulars required for overseas medical referral are:
 - (a) a completed standard referral form shall accompany any patient being referred;
 - (b) the standard referral form shall be filled and a copy kept by the referring health practitioner, health service provider or the hospital;
 - (c) the standard referral form shall contain:
 - (i) name;
 - (ii) date of birth;
 - (iii) gender;
 - (iv) address;
 - (v) clinical history and examination findings;
 - (vi) results of relevant investigations;
 - (vii) diagnosis and treatment given;
 - (viii) the name, address and telephone number of the referring facility and the facility being referred to;
 - (ix) the date and time of referral shall be indicated at all times; and
 - (x) a declaration by a health practitioner that he or she is professionally satisfied that the treatment of the condition of the patient for which referral is sought is not available in the Republic and the reasons for the unavailability of the assessment or treatment of the patient in the Republic.

9 Emergency referral

- (1) Where an emergency referral is to be made for overseas treatment, the Chairperson of the Committee shall convene an urgent meeting of at least 3 members to make a recommendation for an urgent medical evacuation.

- (2) The referral form under regulation 7 shall be completed by the health practitioner attending the patient in the Emergency Care Unit.

10 Approval of Minister

- (1) The recommendation of the Committee for overseas medical referrals shall be submitted to the Minister for approval of overseas medical referrals.
- (2) The Minister shall approve the recommendation of the Committee unless the Minister has legitimate reason or cause to do otherwise.

11 Notification of decisions of Committee

The Director of Medical Services shall inform the appropriate authorities and government departments in writing of the list of approved overseas medical referrals to enable medical evacuations.

12 Duty to keep a register of referrals

- (1) A health practitioner, health service provider, public health centres and clinics, Republic of Nauru hospital and the Committee shall each keep their respective register of all referrals made.
- (2) The register shall contain the following information:
 - (a) patient name, date of birth, gender;
 - (b) presenting complaints;
 - (c) clinical history and examination findings;
 - (d) results of relevant investigations;
 - (e) diagnosis and treatment given;
 - (f) specialty required;
 - (g) type of referral;
 - (h) overseas hospital; and
 - (i) medical and family escort.

13 Overseas Medical Referral Compliance Committee

- (1) The Committee shall consist of:
 - (a) Director of Medical Services;
 - (b) Director of Public Health;

- (c) Director of Nursing;
 - (d) a specialist medical practitioner relevant to the nature of the health and medical condition of the patient;
 - (e) a private health practitioner if available or a health practitioner of a health service provider; and
 - (f) health advisor.
- (2) Subject to regulation 9, the quorum for a meeting of the Committee shall be 4 of the 6 members.



SCHEDULE

FORM 1

HOSPITAL REFERRAL REQUEST

1. Patient details

SURNAME:	
GIVEN NAMES:	
DATE OF BIRTH:	
GENDER:	
ADDRESS:	
MOBILE NUMBER:	
EMERGENCY CONTACT NAME AND MOBILE NUMBER:	

2. Details of Referral

DIAGNOSIS:
REASON FOR REFERRAL:
SPECIALTY REQUIRED:
NAME OF HEALTH PRACTITIONER REQUESTING REFERRAL:	
TYPE OF REFERRAL:	<input type="checkbox"/> Review <input type="checkbox"/> Non-Urgent <input type="checkbox"/> Urgent <input type="checkbox"/> Very urgent
OTHER REQUIREMENTS:	



FORM 2

OVERSEAS MEDICAL REFERRAL FORM

1. Patient details

SURNAME:	
GIVEN NAMES:	
DATE OF BIRTH:	
GENDER:	
ADDRESS:	
MOBILE NUMBER:	
EMERGENCY CONTACT NAME AND MOBILE NUMBER:	

2. Details of Referral

DIAGNOSIS:
REASON FOR REFERRAL:
SPECIALTY REQUIRED:
NAME OF CONSULTANT:	
OVERSEAS HOSPITAL:	
TYPE OF REFERRAL:	<input type="checkbox"/> Review <input type="checkbox"/> Non-Urgent <input type="checkbox"/> Urgent <input type="checkbox"/> Very urgent
OTHER REQUIREMENTS:	Full Stretcher: Yes/No Wheel Chair: Yes/No Three Seats: Yes/No Ambulance: Yes/No Single Seat: Yes/No Medivac: Yes/No Oxygen: Yes/No

3. Escort

MEDICAL ESCORT: Yes/No. If yes, NAME:	
FAMILY ESCORT: Yes/No. If yes, NAME:	

Attach:

1. Current or up to date medical report on the patient from the referring health practitioner or health service provider.

Yes

No

(Stop the process if there is no current or up to date medical report)

2. Nauru Airlines 'Medical Information Form' as required.

Yes

No

Attending health practitioner:

.....
(Signature) (Name) (Date)

ENDORSEMENT:

Director of Medical Services:

.....
(Signature) (Name) (Date)

OVERSEAS REFERRAL OFFICER:

Estimate costs:Sub Head Balance:
(Signature) (Date)

OVERSEAS MEDICAL REFERRAL COMMITTEE RECOMMENDATION

I, in consideration of the provision of the government policy on overseas medical referrals, DO/DO NOT recommend government sponsorship of the referral.

Comments:

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.....

.....
(Signature) Chairperson (Date)

MINISTER FOR HEALTH APPROVAL

- Approved**
- Not Approved**

.....
(Dated)

.....
Hon. Minister for Health, M.P.